

A Life of Hope

23RD AUGUST 2015

ALLAN DEMOND

'FEED YOUR HOPE THROUGH SCRIPTURE'

ROMANS 15:4

1. Where and why do people need hope nowadays?
2. Where do you need hope at the moment?
(Allan described hope as "Waiting patiently for joy I do not yet have.")
3. Allan spoke of encouragement as food, that comes in Scripture nuggets, stories, themes and the big picture. How does this happen for you?
4. He spoke of the role of personal reflection, mentors, groups and books (such as the new Tom Wright series on each Bible book). What helps you feed yourself?
5. Allan spoke of endurance training. What point was he making from 1 Timothy 4:7-8?
6. 4 ways Scripture teaches us are:
 - a) Seeing different meaning in events (Genesis 50:20). When has this happened for you?
 - b) Responding more wisely to events (Matthew 6:25,31). When has this happened for you?
 - c) Rewiring our self-talk (Philippians 4:8). When has this happened for you?
 - d) Giving models of amazing hope. Which Scripture stories have impacted you like this?
7. How can your NewHope Group feed your hope through Scripture?



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