

# A Life of Hope

4TH OCTOBER 2015  
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'ASSERT YOUR HOPE WHEN ALL SEEMS LOST'  
LAMENTATIONS 3:1-33

1. Why does the author use so many similes in his lamenting?
2. When all seems hopeless, love is a choice! Discuss this statement.
3. Have you ever found yourself in a hopeless (or bad) situation in life?
4. What is important about lamenting?
5. Have you ever felt shut off from God, perhaps in your prayers?
6. Is there any risk in complaining in the presence of God? Does God listen?
7. What is the changing point in this account? What is the result of this change?
8. What choices do you have in diversity?
9. Should we fear suffering?
10. Consider the death and resurrection of Jesus? We assert our hope as we take communion!