

Breaking Free from Past Mistakes

1. How are the last three sermons on breaking free from worry, fear, and past mistakes related to one another? Do our past mistakes cause us to be paralysed by worry and fear today?
2. In what other ways can the baggage of past mistakes weigh us down today? Why do we often continue to carry that baggage?
3. Psalm 107 identifies three kinds of people who rebel against the words of God (v. 11). There are those who wander in desert wastelands, looking for a city to settle in, those who despise God's counsel, and those who rely on their own intelligence and wisdom to make their way in life. What do these people have in common? What mistakes do they struggle to free themselves from?
4. Can you identify with any of these people? How do these attitudes paralyse us, as "prisoners suffering in chains of iron," living in "darkness and deepest gloom" (v. 10)?
5. Why is it that often, like the people in Psalm 107, we only remember to cry out to God *after* we have made mistakes? How can we make the fact that Jesus died to free us from our past mistakes a reality in our lives?