



Break Free From Fear study questions
4 July, 2010

1. What kinds of fear do we encounter in our lives? What are the most common fears that paralyse us, and distract us from God and His love for us?
2. Can you see fear paralyzing and enslaving other people in your life? Alternatively, do you know anyone who seems to live a life free from fear? What differences have you noticed between the two people?
3. What do you understand the 'fear of God' to mean? How is it that some kinds of fear, such as the fear of God, can enhance our relationship to God, while other fears distort our understanding of who God is?
4. Proverbs 1:33 tells us that whoever listens to God will live in safety, and will be at ease and without fear of harm. What do you fear? Do you find yourself listening more often to the voices of fear in your life, or the voice of God?
5. In Romans (8:12-17), Paul writes that the fruits of listening to God's voice, rather than the voice of fear, is that we get to live in freedom, Sonship, and a share in God's glory. What concrete steps can we take to learn to listen less to the voices of fear in our lives? In contrast, what must we do to make God's promise of a life free from fear a reality in our lives?