

# Food Services



**There are many households in the Whitehorse community who have great needs.**

NewHope Care Food Services has been established to provide clients with non-perishable food items and household hampers, that have been tailored to their needs as much as possible.

**Shop For Two** supports the NewHope Care Food Services. It's simple...

*When you do your own household shopping just **Shop For Two!***

Clients requiring assistance use household items similar to the ones you use. **Shop For Two** just means you buy two of an item – one for your household and one for NewHope Care's Food Services. Next time you are at NewHope, simply place your items in the large bin in the Middleborough Road foyer of the NewHope Centre or drop them off at Reception.

If appropriate, NewHope Care may also shop for perishable items and include these in the hampers.

*Love God. Love Others. Serve the World.*

**WHAT ITEMS DO WE NEED?**





[www.newhopecare.net.au](http://www.newhopecare.net.au)

**NOTE: Only non-perishable items**

- Items must be dated a minimum of two months prior to use-by date
- Items with best before dates must be given, distributed and consumed within 6 months of the date
- No dented cans, no open packages

**Thank you!**

**Monetary donations are welcome!**

For more information regarding **Shop For Two** please contact:

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 NewHope Care  
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**Preferred Items for NewHope Food Services**

**Breakfast**

Breakfast cereals	Jam	Tinned spaghetti	Vegemite
Tinned baked beans	Sugar	Breakfast bars	

**Lunch**

Small boxes of mixed nuts and dried fruit	School lunch items including juice boxes
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**Snacks**

2 minute noodles	Cookies	Potato chips	Muesli bars
Cheese and crackers	Fruit cups	Sweet biscuits	Crackers
Chocolate	Confectionary		

**Dinner**

Pasta	Pasta sauce	Parmesan cheese (dry)	Rice
Packet pasta	Tins of tuna	Canned vegetables	Canned fruit

**Drinks**

Long-life milk	Milo	Coffee	Tea
Flavoured mineral water	Cordial	Juice	

**Toiletries**

Shampoo	Conditioner	Toothpaste	Toothbrush
Toilet paper	Soap	Washing powder	Band aids
Disposable nappies	Sanitary pads	Scented body wash	Bath oils
Bath crystals			

**Household**

Detergent	Laundry powder	Cleaning cloths	Rubbish bags
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